COURSE NAME : MOTIVATION AND HUMAN ACHIEVEMENT

COURSE CODE : FEM 4101

CREDIT : 3 (3+0)

TOTAL HOURS OF STUDENT’S LEARNING : 120 hour per semester

PREREQUISITE : None

LEARNING OUTCOMES : The students will be able:

1. explaining the relationships between emotions, motivation, behavior and human achievement (C2)

2. comparing various of theory related to motivation and human (C6, P3, LL)

3. designing motivation programs to increase human potential group (A3, LS, KK, CS)

SYNOPSIS : This course covers various motivation theories, principles and processes of achievement, as well as the relationship between emotion, motivation and behavior which leads to human achievement. The application of motivation theories in explaining human achievement are also discussed.

CONTENT

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<th>Contact Hours</th>
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<tr>
<td>LECTURE</td>
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<tr>
<td>1. Concept and principle of motivation</td>
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<tr>
<td>– Definition of achievement and motivation</td>
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<td>– Study of motivation</td>
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<td>2. Components of Motivation</td>
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<td>– Biological component</td>
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<td>– Learning component</td>
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<td>– Cognitive component</td>
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<td>3. Basic themes of contemporary motivation theories</td>
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<td>– Behavior and adaptation, determine what arouses behavior, governs the direction of behavior role of persistence, role of emotions, differences between individual and need</td>
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4. Learning Theory, Motivation and Human Achievement
   - Controlling reward and punishment, controlling stimuli and human behavior formation, locus of control, self-concept, self-efficacy and self-regulation behavior
   - Application of learning theory in motivation and human achievement

5. Psychological Theory, Motivation dan Human Achievement
   - Structure of personality, defense mechanism, self-esteem, need hierarchy, and decreasing of internal drives
   - Application of psychological theory in motivation and human achievement

6. Cognitive theory, Motivation and Human Achievement
   - Atkinson’s expectancy value, changes through age, measure of value, Weiner’s attributional theory and Covington’s self-worth
   - Application of cognitive theory in motivation and human achievement

7. Life-goal Theory, Motivation and Human Achievement
   - Adler’s interest and life goal
   - Goal and task: Implication on motivation
   - Taking risks and challenging behavior
   - Attribution and emotion
   - Application of life-goal theory in motivation and human achievement

8. Emotion, motivation and behavior
   - Emotion, stress and health
   - Emotion and goal suitability: positive emotion and negative emotion

9. Development of Motivation and Self-Control
   - Exploration behavior
   - Creativity
10. Motivation programme formation and human achievement
   − Assessing necessity
   − Programme planning
   − Programme implementation
   − Programme checking
   − Programme assessment

Total 42

ASESSMENT : Course Work 60%
Final Exam 40%

REFERENCES: