QUESTIONS FOR CHAPTER 5
1. Define “environment”.
2. Define “environmentalism”.
3. What are the determinants of health? Give examples.
4. What is the importance of policy in improving population health?
5. What are the determinants of health? Give examples.
6. What is the importance of policy in improving population health?

QUESTIONS FOR CHAPTER 6
1. Define “Public Health” by Winslow (1851).
2. Winslow also mentioned about “organized community effort”. Give examples.
3. What are the basic health services to be provided under WHO (1953) Proposed Development?
4. List the latest public health threats on human health.
5. Define “health”.
6. Define “Sick Building Syndrome”.

QUESTIONS FOR CHAPTER 7
Part 1
1. Define “hormones”.
2. Define “EDC”.
3. Give five (5) examples of EDC.
4. Where can we find BPA?
5. What are the health effects associated with PCB?
6. Name and explain the effects of EDCs to the human body.

Part 2
1. Define heavy metals.
2. Give five (5) examples of heavy metals.
3. Give three (3) examples of heavy metals which are important to human health in small amounts but can be poisonous in higher concentrations.
4. Which heavy metal caused the “Minamata Disease”?
5. Give five (5) sources of a heavy metal that you know.
6. What will happen if we ingest high amounts of lead (Pb)?

Part 3
1. Define ozone.
2. Where is the ozone layer located?
3. What type of chemicals can destroy the ozone layer? Name four (4).
4. What is the importance of the ozone layer to life on earth?
5. Not all UV rays are dangerous. Name the UV rays which is important to human health.
6. What are the proximal factors that may induce health-related problems when we are exposed to sunlight?
7. Name the possible effects the sun rays have on the skin.
Part 4
1. Define haze.
2. What is the difference between haze and fog?
3. What are the natural sources of haze?
4. Name five (5) causes of haze in Malaysia.
5. Name the five (5) most important pollutant associated with haze and their health effects.
6. What are the precautionary measures we can apply to protects ourselves from haze?

Part 5
1. Define cancer.
2. What will cancer cells cause in the long run?
3. Name five (5) causes of cancer.
4. What type of cancer may develop from smoking tobacco?
5. Why a diet high in vegetables can help lower the risk of colon cancer?

Chapter 8
1. Define the ISO14000 family.
2. Define EMS.
3. What does ISO14001 specifies on?
4. What are the elements of EMS?
5. Define corporate environmentalism.